DMS will be hosting two open gyms, specifically for rising 7th and 8th grade girls, over the summer months. These evenings are meant to get girls in the gym, on the court, and playing volleyball together; attendance is not required nor is it a guarantee to make the team next year. If you know of any future DMS girls who would like to attend, please let them know that they are welcome to come out and participate.

Open gyms will take place on Tuesday June 14 and Thursday August 18 from 6 – 8 p.m. in the gym at DMS. Girls should be dropped off and picked up at the gym entrance facing West H.S. These open gyms will focus on basic skills and drills to warm up followed by fun games and scrimmages. Players should be dressed athletically, wearing gym shoes, and bring a water bottle that can be refilled if necessary.

Rising 5th - 8th grade girls can attend the **Downingtown West Volleyball Camp**. At camp girls will receive instruction on the fundamental skills of volleyball from Downingtown coaching staff and players. Players will participate in a variety of fun drills, games, and competitions to practice and refine their skills.

Monday, July 11 - Thursday, July 14th 8:00 a.m. - 12:00 p.m. in West's Wagner Gym

Registration will be limited to the first 50 participants with payment received and registration completed.

For more details or to register, please use this link (https://forms.gle/qUfk2duLMcuRwcuG8) or scan the QR Code below.



2022 - 2021 Tryouts

Tryouts for this year's team will be held after school, during the second week of school (9/6) Please make sure that you are listening to school announcements and checking Schoology updates to ensure that you know when to show up to the gym. All required paperwork and information about physical exams can be found on the DMS Website.

Please let Mrs. Legere (<u>slegere@dasd.org</u>) know if you have any questions or concerns. Remember that we do have a **Schoology GROUP page where the girls and parents will be able to see any updates that are posted** as well. The access code for the GROUP (not course) in Schoology is **6VJH-6FVG-5CZWX**.