

# Downingtown Middle School

## Field Hockey Fall 2022



### *Tryouts:*

- Begin Tuesday 9/6 after school from 3:00-4:30pm
  - *\*must have submitted physical to participate\**
- Equipment: mouthguard, stick, shin guards, socks, water bottle, cleats. Eyewear is optional.
- Prepare for lots of running! Build up your endurance over the summer. New players welcome.

### *Practices:*

- Pickup at 4:30pm most days, exceptions communicated via Schoology or email
- Players are expected to attend practices in order to participate during games

Head Coach - Ms. Lauren Mingioni – [lmingioni@dasd.org](mailto:lmingioni@dasd.org)

Assistant Coach - Mrs. Deborah Tinson – [dtinson@dasd.org](mailto:dtinson@dasd.org)

Interest form: [tinyurl.com/2p8nrpd6](https://tinyurl.com/2p8nrpd6)

