

Downingtown Middle School

Football Program 2022-23

Coaches: Head: Mr. Mike Drill (mdrill@dasd.org)
Asst: Mr. Chris McGeehan, Mr. Brad Horstmann

Included in this Packet:

DMS Football Information and Waiver Sheet acknowledging that you've read and agree to all terms

Important Dates:

Wed. Aug 24 : 8th Grade equipment handout in DMS Gymnasium (3:15-4:15)
Thurs. Aug. 25 : 7th Grade equipment handout in DMS Gymnasium (3:15-4:15)
Tues. Aug 30 : First Official Practice (Second day of school)

Basic Information:

- We recommend you purchase your own:
 - pair of practice pants (WHITE) with the hip, butt, thigh and knee pads embedded.
 - Girdle (if pants do not have hip and butt pads embedded)
 - mouthpiece
 - cleats
- We will provide:
 - Helmet
 - Shoulder pads
 - Practice jerseys (navy for 8th grade, white for 7th grade)
 - Game Jerseys and Game Pants (royal blue)
- Most games are on Wednesday afternoons (look to the school website for schedule). 8th grade plays first, followed immediately by 7th grade.
- Most communications will be through the Schoology page once school starts • **Group "DMS Football 2022", Access Code: C4MT-RS5V-WPVCJ** • Make sure you are in GROUPS and not COURSES (may not be able to access until Aug. 29th) • There will be a **\$75** participation fee due by **Tuesday, 9/6**. Family Cap is at **\$250**. See our DMS homepage for more information concerning how to pay.
- Practice will be every day from **3:00 to 5:20**.
- Rides should be there by **5:45**
- Anyone who misses a practice for whatever reason, will have an "after practice Friday" consisting of extra conditioning the Friday of that week. • There will be no 3rd miss without a valid excuse!!!

Extra Notes:

- You are expected to be prepared physically for the beginning of practice on Aug. 30th. (You can start by doing push-ups, sit-ups, and jogging today)
- You are expected to be "first class" at all times. Stay out of trouble, and make good decisions. **Chronic discipline problems will not be tolerated!!**
- You are expected to follow classroom rules, and try your best in all classes!
- Anyone who is suspended by school administration during the season could be subject to additional discipline; including dismissal from the team.

(Cut on line and return to Coach Drill between **Aug. 24 to Aug. 31st**)

I have read and understand what is expected of me.

(Player's name, please print) (Player's Signature)

(Parent/Guardian name, please print) (Parent/Guardian Signature)